



Coalition for Compassionate Care of California  
4th Annual Conference & Membership Meeting

National POLST  
Paradigm Conference

## Creating a Culture of Compassion

## Partners in POLST: Honoring Patient Wishes across Care Settings

February 15, 2012

February 16, 2012



COALITION FOR  
COMPASSIONATE CARE  
OF CALIFORNIA

POLST  
CALIFORNIA  
PHYSICIAN ORDERS FOR LIFE-SUSTAINING TREATMENT

P  LST  
physician orders for life-sustaining treatment paradigm®

## CREATING A CULTURE OF COMPASSION

A conference for everyone interested in improving care for people with an advanced or terminal illness, including physicians, nurses, social workers, administrators, attorneys, consumer advocates, and public policy makers.

### Conference Program

#### Fitting End of Life into the National Healthcare Agenda

Myra Christopher, Center for Practical Bioethics, Kansas City, MO

Myra Christopher, Founding President and CEO of the Center for Practical Bioethics and nationally recognized voice in aging and end-of-life care, connects healthcare reform to advanced illness, palliative care and advance care planning.

#### Taking Time to Listen: Important Lessons from Special Populations

Fay Blix, Esq., Elder Law Attorney

Theresa Drought, PhD, RN, Kaiser Woodland Hills Medical Center

Elaine Lewis, Developmental Services Continuum, Inc.

Gina Mohr, MD, Loma Linda University Medical Center

Communicating about end-of-life issues with pediatric patients, people with Alzheimer's, and people with developmental disabilities requires special skills. Hear from this panel of experts about what you can learn from these special populations and their families – if we take the time.

#### 2012 Compassionate Care Leadership Awards

Presentation of the 1st Annual Compassionate Care Leadership Awards.

#### CCCC: Making a Difference

Judy Citko, JD, Coalition for Compassionate Care of California

#### Redefining Advance Care Planning: Engaging Surrogates in a Brand New Way

Rebecca Sudore, MD, UC San Francisco

Is your surrogate decision-maker prepared? How much flexibility do we give our surrogates? Dr. Rebecca Sudore outlines practical steps to help people prepare for making the best possible in-the-moment medical decisions.

#### POLST: Making It Work in the Real World

##### POLST by the Numbers

Catherine Russell McGregor, RN, MSN, FNS-C, Sutter Health Sacramento/Sierra Region

Neil Wenger, MD, UC Los Angeles

Is POLST working in the real world? Where is it working? Where is it breaking down? POLST implementation is an evolving process. See what the data shows about California's progress.

##### POLST in Action

David English, MD, Ethics Committee of Alameda County Medical Center

Kate O'Malley, RN, MS, FNP, California HealthCare Foundation

Paul Schneider, MD, Greater Los Angeles VA Healthcare System

Karl Steinberg, MD, Scripps Coastal Medical Center

Steve Lai, MD, Palo Alto Medical Foundation

What are the tips and tricks to using POLST successfully? Hear from a panel of experts about the best practices they employ to implement POLST across the healthcare continuum.

#### This Is Not Your Grandfather's Death

Steve Pantilat, MD, UC San Francisco

What does end-of-life and palliative care look like in California? Dr. Steve Pantilat reports on hospital-based palliative care and a recent survey on Californians' end-of-life experiences and attitudes.

Attend the **CCCC/POLST Reception** after the conference on Wednesday, February 15<sup>th</sup>. It's **OPEN** to ALL conference attendees.

**PARTNERS IN POLST: HONORING PATIENT WISHES ACROSS CARE SETTINGS**

Join end-of-life and palliative care leaders from across the country who are advancing the POLST Paradigm to translate patient wishes into medical orders that are honored across care settings. Learn innovative strategies for implementing POLST in your state or region.

**Conference Program****Where We've Been, Where We Are & Where We're Going**

Susan Tolle\*, MD (OR), Center for Ethics in Health Care, Oregon Health Sciences University  
Dr. Tolle, one of the founders of Oregon's POLST Paradigm Program and recognized national POLST leader, will provide an overview of endorsed POLST programs across the U.S., as well as outline some of the barriers and lessons learned from mature POLST states. She will also address how to become an endorsed POLST Paradigm state, and the future sustainability of the national POLST movement.

**Research Findings and Evaluation of POLST**

Judith Black\*, MD (PA)

Erik Fromme, MD (OR), Oregon Health Sciences University

Bernard (Bud) Hammes\*, PhD (WI), Gunderson Lutheran Medical Foundation

Naomi Karp, JD (DC), Consumer and State Affairs Team - AARP's Public Policy Institute

Catherine Russell McGregor, RN, MSN, FNS-C (CA), POLST Quality Improvement Coordinator

Charles Sabatino\*, JD (DC), ABA Commission on Law and Aging

Neil Wenger, MD (CA), POLST Evaluation Team

Researchers across the country are examining the POLST Paradigm. Hear from this panel of evaluation experts about recent research highlights, including AARP's report detailing POLST efforts in 12 states, data from Oregon's POLST registry, POLST quality and implementation data being collected in California, and data from Wisconsin comparing the consistency of POLST and advance directives.

**POLST across the Continuum**

Margaret Carley\*, JD, RN (OR), Center for Ethics in Health Care, Oregon Health Sciences University

Alvin (Woody) Moss\*, MD (WV), Center for Health Ethics and Law, West Virginia University

Terri Schmidt\*, MD (OR), Oregon Health Sciences University

Kenneth Zeri\*, RN, MS (HI), Hospice Hawaii

Paul Schneider, MD (CA), Greater Los Angeles VA Healthcare System

POLST is an interdisciplinary tool, and one that travels with patients across care settings. A presentation of case studies demonstrates the importance of collaboration and coordination between emergency medical services, skilled nursing facilities, acute care hospitals and hospices.

**Lunchtime Regional POLST Discussions**

Judy Eads\* (TN)

David Koets\*, MD (CO)

Dee Leahman\* (NC)

Cheryl Simpson-Whitaker\* (ID)

Join others from your geographic region to discuss and share POLST successes and challenges, including recognizing POLST forms across state borders.

**Modeling the POLST Conversation**

Linda Briggs MS, MA, RN (WI), Gunderson Lutheran Medical Foundation

Jim Mittelberger, MD, MPH (CA), POLST Physician Champion

A POLST form is only as good as the conversation on which it is based. Two POLST experts model effective conversation techniques during a live demonstration of a POLST conversation that takes place over time.

Attend **ONE** or **BOTH** Days

## PARTNERS IN POLST: HONORING PATIENT WISHES ACROSS CARE SETTINGS (CONTINUED)

**POLST Education & Resources**

Judy Citko\*, JD, Coalition for Compassionate Care of California

Looking for POLST educational materials and resources that are already available? Don't want to reinvent the wheel? Learn about educational efforts and tools that have been used successfully with both healthcare providers and consumers.

**POLST Networking**

Attendees will have an opportunity to visit displays from all endorsed POLST Paradigm states and meet one-on-one with representatives from those states.

**Breakout Sessions – Choose One Session to Attend****1. The POLST Conversation**

Chris Evans, RN, MSN (CA), CA POLST Education Program

Joanne Hatchett, RN, MSN, NP (CA), CA POLST Education Program

Learn effective communication techniques and interactive teaching methods to enhance healthcare providers' comfort and skill in having the POLST conversation.

**2. Physician Engagement**

Mark Apfel, MD (CA), POLST Physician Champion

Susan Tolle\*, MD (OR), Center for Ethics in Health Care, Oregon Health Sciences University

Participate in a discussion about proven strategies for increasing physician engagement in the POLST process.

**3. Coalition Building**

Patricia Bomba\*, MD (NY), Excellus BlueCross BlueShield

Maureen Henry, JD (UT), Utah Commission on Aging

Hear from state representatives who have implemented POLST through building local and regional coalitions of key stakeholders.

**4. Legal and Regulatory Issues**

Naomi Karp, JD (DC), Consumer and State Affairs Team - AARP's Public Policy Institute

Charles Sabatino\*, JD (DC), ABA Commission on Law and Aging

Hear from experts about some of the state-specific legal and regulatory issues impacting POLST implementation.

**POLST Registries: Why, When and How**

Terri Schmidt\*, MD (OR), Oregon Health Sciences University

So you've implemented POLST in your community. Now what? Learn about the key components of a POLST registry and what it takes for a registry to be successful.

*\* National POLST Paradigm Task Force Member*

A SPECIAL THANK YOU TO OUR 2012 CONFERENCE SPONSORS:



**CALIFORNIA  
HEALTHCARE  
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THE RETIREMENT  
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# CONFERENCE REGISTRATION

Online Register online at [www.CoalitionCCC.org](http://www.CoalitionCCC.org)  
Fax (888) 789-9475  
Mail CCCC Conference  
1331 Garden Highway, Suite 100, Sacramento, CA 95833

For additional conference information, please contact CCCC at [info@CoalitionCCC.org](mailto:info@CoalitionCCC.org) or (916) 489-2222.

Name: \_\_\_\_\_ Suffix: \_\_\_\_\_

Title: \_\_\_\_\_ Organization: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

## Continuing Education

Nursing  Social Work  Physicians  Nursing Home Administrators License no. (Required): \_\_\_\_\_

## CCCC Conference Registration

Registration includes conference materials, continental breakfast and lunch. Limited scholarships are available. Please contact CCCC at [info@CoalitionCCC.org](mailto:info@CoalitionCCC.org) or (916) 489-2222 for more information.

### Early Bird (Postmarked by January 9, 2012)

- CCCC Member .....\$159
- Non-member ..... \$209

### Regular (Postmarked after January 9, 2012)

- CCCC Member .....\$199
- Non-member .....\$259

## National POLST Paradigm Conference Registration

Registration includes conference materials, continental breakfast and lunch.

- Early Bird** (Postmarked by January 9, 2012).....\$79
- Regular** (Postmarked after January 9, 2012)....\$109

## Combined Conference Registration

Attend both conferences for one low price.

- Early Bird** (Postmarked by January 9, 2012)....\$219
- Regular** (Postmarked after January 9, 2012) ... \$299

## CCCC Membership

I would like to become a member of CCCC:

- Organization .....\$250
- Community Coalition .....\$100
- Individual ..... \$50

## CCCC Donation

I would like to make a donation to CCCC:

Amount \$ \_\_\_\_\_

**TOTAL \$** \_\_\_\_\_

To qualify for the conference CCCC membership rate, you must have paid dues for the current year. Membership runs Jan 1 – Dec 31. To verify your membership, please contact CCCC at (916) 489-2222 or [info@CoalitionCCC.org](mailto:info@CoalitionCCC.org).

## Payment Method

All registrations must be pre-paid.

- Check enclosed payable to CCCC
- Credit Card (Visa, Mastercard or Discover)

Name as it appears on card:

\_\_\_\_\_

Billing Address:

\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

CC#: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Exp: \_\_\_\_\_ / \_\_\_\_\_ 3 or 4-digit security code: \_\_\_\_\_

Signature: \_\_\_\_\_

The Coalition for Compassionate Care of California is a statewide partnership of regional and statewide organizations, state agencies, and individuals working together to promote high-quality, compassionate end-of-life care for all Californians.



### Confirmations

A confirmation will be sent via email to all registrants who register at least one week in advance.

### Cancellation Policy

A \$25 non-refundable processing fee will be retained for each cancellation. Cancellations must be emailed to [info@CoalitionCCC.org](mailto:info@CoalitionCCC.org) or faxed to (888) 789-9475 no later than February 3, 2012. No refunds will be made after this date. Substitutions are encouraged.

### Hotel Information

CCCC has reserved a limited number of rooms at the Catamaran Resort Hotel & Spa, available at a nightly rate of \$139. The deadline for reserving rooms at this rate is January 17, 2012. After that date, reservations will be confirmed subject to availability. Contact the hotel at (858) 488-1081 and ask for the CCCC/POLST group rate.

### Continuing Education Information

Full attendance at all education sessions in their entirety is required to receive professional continuing educational credit. Attendees must sign in at the conference and include their professional license number. Certificates of attendance will be available at the end of the conference. The Riverside County Medical Association (RCMA) has graciously offered to provide CME credits.

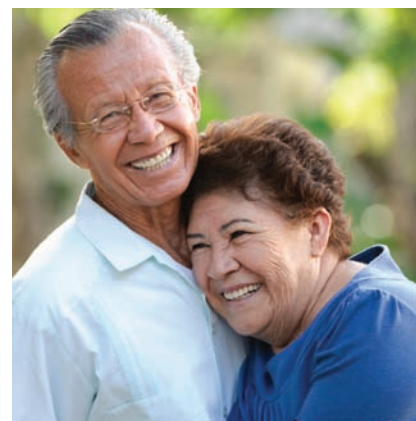
- Nursing — Provider approved by the California Board of Registered Nursing, Provider Number CEP 15403 for 5 contact hours for each day.
- Social Work — This course meets the qualifications for 5 hours of continuing education credit for each day for MFTs and LCSWs as required by the California Board of Behavioral Sciences, Provider PCE 4576.
- Physicians — The Riverside County Medical Association is accredited by the Institute for Medical Quality/California Medical Association to provide continuing medical education for physicians. The RCMA takes responsibility for the content, quality and scientific integrity of this CME activity. This conference has been submitted to the RCMA for 5 AMA PRA Category 1 Credits™ for each day.
- Nursing Home Administrators — This course has been submitted to the California Nursing Home Administrator Program for 5 NHAP/P credits for each day. CCCC is an approved NHAP provider.

### ADA Needs

If you require special accommodations pursuant to the Americans with Disabilities Act, please call (916) 489-2222.

### Scholarships

Limited partial scholarships are available for the CCCC Conference only. Please contact CCCC at [info@CoalitionCCC.org](mailto:info@CoalitionCCC.org) or (916) 489-2222 for more information.



### Myra Christopher

Myra Christopher is the Founding President and CEO of the Center for Practical Bioethics. In addition to providing oversight to the Center from 1998-2003, Ms. Christopher served as the national program officer of the Robert Wood Johnson Foundation's National Program Office for State-Based Initiatives to Improve End-of Life Care. In 2011, she was named the Kathleen M. Foley Chair in Pain and Palliative Care at the Center.



## CREATING A CULTURE OF COMPASSION

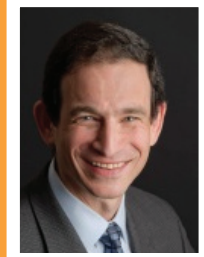
### Rebecca Sudore, MD

Dr. Rebecca Sudore is a geriatrician, a hospice and palliative care physician, and an assistant professor of medicine at the University of California, San Francisco and the San Francisco VA Medical Center. Her research focuses on the intersection of limited health literacy, geriatrics, advance care planning, and medical decision making. She has published work demonstrating the effect of limited health literacy on mortality in the elderly and on impaired decision making for informed consent and advance care planning.



### Steve Pantilat, MD

Dr. Steve Pantilat is a professor of medicine at the University of California, San Francisco, the Alan M. Kates and John M. Burnard Endowed Chair in Palliative Care, and the founding Director of the UCSF Palliative Care Program. He is the Director of the UCSF Palliative Care Leadership Center that trains teams from hospitals across the country how to establish Palliative Care services, and the Director of the UCSF Fellowship in Hospice and Palliative Medicine. Dr. Pantilat is a 2011 recipient of the James Irvine Foundation Leadership Award.



### Bernard Hammes, PhD

Chair, National POLST Paradigm Task Force

Since 1984, Dr. Bernard (Bud) Hammes has served as the Director of Medical Humanities and Respecting Choices® for the Gunderson Lutheran Medical Foundation and the Gunderson Lutheran Medical Center in La Crosse, Wisconsin.

He is a professor of clinical science at the University of Wisconsin-La Crosse and an associate adjunct professor of the Institute for Health and Society at the Medical College of Wisconsin.



### Susan Tolle, MD

Treasurer, National POLST Paradigm Task Force

Dr. Susan Tolle founded and directed the Oregon Health Sciences University Center for Ethics in Health Care since 1989. She has shepherded its growth into an internationally recognized ethics center with programs such as the Physician Orders for Life-Sustaining Treatment (POLST) program and more recently the Oregon POLST Registry. Dr. Tolle is a Professor of Medicine and she holds the Cornelia Hayes Stevens Endowed Chair in Health Care Ethics.



## LOCATION



With world famous attractions and 70 miles of beaches, San Diego has so much to offer. Discover some of San Diego's history by visiting Old Town, Cabrillo National Monument, Gaslamp Quarter, Balboa Park or one of the region's many missions. And don't stop there. Enjoy a roller coaster ride, numerous entertainment centers or a day at a water park. The adventurer will love sky sailing or a bi-plane ride. For those with more refined tastes, discover lush botanical gardens and beautiful wineries.



The **Catamaran Resort Hotel & Spa** is on the northwest shore of Mission Bay, the world's largest aquatic park. The enticing waves of the Pacific Ocean are just 100 yards away. The resort's 313 rooms and suites are spacious and tastefully appointed with their own balcony or patio. Enjoy marvelous views of the California coastline or stunning city skyline from every part of our beach resort. The resort is within easy walking and driving distance of all San Diego's major attractions. For larger excursions, visit SeaWorld or Belmont Park. For milder recreational fare, head to Mission Bay Park's bike and walk paths.



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