New Approaches to Palliative Care

November 13, 2014

Holiday Inn, Utica
1777 Burrstone Road
New Hartford, NY

Presented by
The Palliative Care Center at Valley Health Services, Inc.
in collaboration with

The Herkimer County Hospice Foundation
Challenging the Paradigm: New Understandings of Grief

Learn what influences the grieving process and the challenges to current understandings of grief. Join Dr. Doka as he delves into contemporary research on grief interventions as well as techniques of individual, family and group interventions. Through the presentation of case studies, determine the appropriate intervention strategies and discover the value of rituals.

Workshops (select one)

A. Caregivers and Loss: Family Needs and Professional Responses
   Kenneth Doka, Ph.D.
   What are the phases of life-threatening illness and the psychological, social and spiritual reactions of the patient? What factors facilitate or complicate the ability to adapt to the palliative setting? What strategies can you employ during the dying process to help the patient and family? Discover the answers to these questions in addition to learning the principles of effective self-care.

B. Honoring Individual Autonomy and Fulfilling Health Care Responsibilities: Legal and Ethical Frameworks for Real World Decisions
   Karen Lipson, Esq. and Peter Young, LTCA
   Learn the importance of the Family Health Care Decisions Act and how it is used to resolve issues regarding palliative care. With their expertise, Karen and Peter will help you analyze and discuss issues involving individual autonomy and health/safety concerns using an ethical framework.

C. Integrative Care at the End of Life
   Kashaul Nanavati, MD
   sponsored by At Home Care
   Join Dr. Nanavati as he discusses integrative medicine and the current evidence supporting integrative therapies at the end of life. Learn the importance of self-care for the caregiver and how integrative medicine plays a role.
12:00 – 1:00 p.m. Luncheon

1:15 – 2:45 p.m. Workshops (select one)

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3:00 – 4:30 p.m. Closing Keynote – Kenneth Doka, Ph.D.
   Coping with Life-Threatening Illness
   Sponsored by Herkimer County HealthNet
   Dr. Doka closes our conference by dissecting the life-threatening illness and what an individual must undertake to adapt. Needs and reactions of the caregiver and family members are identified as are the strategies and conversations capable of assisting with adaptation. Take with you the interventions you can use to address the struggles associated with life-threatening illness and grief.
MEET THE PRESENTERS

Kenneth J. Doka, Ph.D., is a Professor of Gerontology at the Graduate School of The College of New Rochelle and Senior Consultant to the Hospice Foundation of America. He has written numerous books and journal articles addressing grief, bereavement, death and dying and received several awards honoring his work. Dr. Doka was elected President of the Association for Death Education and Counseling in 1993. In 1995, he was elected to the Board of Directors of the International Work Group on Dying, Death and Bereavement and served as chair from 1997-1999. Dr. Doka has served as the keynote speaker for conferences throughout North America as well as Europe, Asia, Australia and New Zealand. He participates in the annual Hospice Foundation of America Teleconference and has appeared on CNN and Nightline. An ordained Lutheran minister, he received his Master of Divinity from Concordia Seminary, and his Master of Arts and Doctorate in Philosophy from St. Louis University.

Karen Lipson, Esquire, is the Executive Vice President for Innovation Strategies with LeadingAge New York, a statewide association of not-for-profit providers of continuing care services and senior housing. Ms. Lipson has been working in the field of health policy for more than 20 years as an attorney and policy-maker. Prior to joining LeadingAge New York, she served the NYS Department of Health as the Director of Policy in the Office of Health Systems Management, was an attorney in private practice and served as the health and human services counsel for the New York State Assembly. She received her J.D. from New York University School of Law in 1988 and her B.A. from Dartmouth College in 1984.

Peter Young, Licensed Long Term Care Administrator, is the executive director of the Eddy Memorial Geriatric Center and oversees the strategic and long range planning as well as the day to day operations of the 80-bed, Troy, NY, facility which offers independent living, enriched housing and skilled nursing care. He has over 30 years of progressive experience in all phases of health care planning, financial management and operations. He serves on the adjunct faculty at Union Graduate College-Mt. Sinai School of Medicine Bioethics Program, is a lecturer on clinical bioethics for the Graduate Program at Samaritan Hospital School of Nursing and is a former professor for the Certificate in Palliative Care Program at Sage Graduate College. Peter earned his Bachelor of Arts degree in Political Science from Fairfield University and his Master of Science degree in Bioethics from the Graduate College of Union University & Albany Medical College.
Kaushal B. Nanavati, MD, is a clinical assistant professor in the Department of Family Medicine, at SUNY Upstate Medical University. He is a physician educator on end-of-life care and has lectured on integrative end-of-life care. Dr. Nanavati created an advisory panel for the integrative cancer oncology program at Upstate Cancer Center and served on the MOLST electronic medical record implementation committee. It is his vision to administer a model of integrative medicine that improves the quality of inpatient care and outpatient services by applying evidence based principles of integrative and holistic medicine to patient care, resident education, staff training and medical student training.

The Mary Imogene Bassett Hospital is an approved provider of continuing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Provider Number P265-6/12/15-11/3.

This activity will award 6.0 contact hours of continuing nursing education.

This program has been submitted (but not yet approved) for 15 continuing education clock hours (6 credits) form NAB/NCERS. Call Kathy Eisenhut at 315-866-3330, ext. 2245, for further information.

This program is pending approval by the American Association of Nurse Practitioners.

Approval is pending for 6 hours from NCCAP.

Approval is pending from the National Association of Social Workers, New York State Chapter.
Directions to Hotel From Thruway

Exit 31 Utica. Bear right and follow signs for 12 South. Follow 12 South approx. 3 miles, watch for Burrstone Road/Utica College sign. Take ramp. At top of ramp, make left at light onto Burrstone Road. Hotel is exactly 1 mile up the road from light on left side.

To the Holiday Inn from the North:

Follow Route 12 South to Burrstone Road – Utica College Exit. At the end of the ramp turn left onto Burrstone Road. Holiday Inn is approximately 1 mile on the left.

To the Holiday Inn from the South:

Follow Route 12 North to the French Road Exit. Turn right onto French Road. At the intersection turn left onto Burrstone Road. Holiday Inn is approximately ½ mile on the left.

Holiday Inn telephone: 315-797-2131
New Approaches to Palliative Care
Registration Form

Name: ________________________________________________________________

Title: __________________________________________________________________

Organization: __________________________________________________________________

Address: ___________________________________________________________________
____________________________________________________________________________
____________________________________________________________________________

Telephone: __________________________________________________________________

Payment Enclosed: ___________________________________________________________
(make checks payable to Valley Health Services)

Credit Card Payment (MasterCard and Visa only): _____________________________

Amount: __________________________________________________________________

Account Number: _________________ Expiration Date: __________

Signature: __________________________________________________________________

For confirmation, please indicate fax number _________________________
or email address _________________________________.

License/certification number: __________________________________________________________________

If post-marked on or before October 10, 2014: $ 110.00
additional staff (first attendee is $110) from same facility $ 90.00 each
If post-marked after October 10, 2014: $130.00
additional staff (first attendee is $130) from same facility $100.00 each
Student registration fee* $ 70.00
*copy of student ID required for student rate

Return to: Kathy Eisenhut
Valley Health Services
690 W. German Street
Herkimer, NY 13350

If cancellation is necessary, please note that we are unable to refund payment after October 31.

For questions, please contact Kathy Eisenhut (315) 866-3330, ext. 2245, or by email: keisenhut@valleyhealthservices.org.