Social Service & Activities Conference

Concurrent Sessions for Social Workers & Activities Directors & special 1 day education for Administrators

Special Conference Package
(See registration form for details)

March 24-25, 2011
Holiday Inn Saratoga Springs

Program includes discussion on:

- Family Health Care Decisions Act—HCP, surrogates, guardians, competency issues.
- Ethics Review Committees—who, what, where, when and why of successful implementation.
- Update on MOLST
- A new perspective on activities programming and care planning based on the MDS 3.0 and QIS survey.

This conference, designed for Social Service and Activities Staff, will bring together presenters who will motivate and inspire. They will offer attendees a variety of practical strategies they can apply in their day to day practice.

CEUs for LNHAs, Social Workers & Activity Directors have been applied for.
### Thursday, March 24, 2011

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<th>Time</th>
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<td>8:00 am—9:00 am</td>
<td><strong>Conference Registration</strong></td>
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| 9:00 am—11:00 am | **Department of Health Update**<br><small>Valerie Deetz, Deputy Director, Division of Residential Services, NYSDOH</small>  
Ms. Deetz will provide valuable information related to survey activity across the state and update providers on the Department’s latest initiatives including MDS 3.0 and QIS surveys.  
11:00 am—11:15 am | **Break**                                                  |
| 11:15 am—1:00 pm | **Ethics Committees**<br><small>Karen Butler, Thuillez, Ford, Gold, Butler & Young LLP</small>  
In this session, Ms. Butler will use her extensive knowledge as a nurse and lawyer, and her practical experience serving on a LTC Ethics Committee, to explore the “who, what, where, when, why and how” of the FHCDA Ethics Committee requirement and provide practical implementation strategies. Examples of “real life” issues that have been brought before Ethics Committees for recommendations will be discussed.  
1:00 pm—2:00 pm | **Lunch**                                                 |
| 2:00 pm—3:30 pm | **Family Health Care Decisions Act**<br><small>Jane Burke, Esq., O’Connell & Aronowitz, PC</small>  
Ms. Burke will present legal and regulatory issues and requirements involved in the FHCDA and surrogate decision making. She will explore the relationship between health care proxies, surrogates, guardians and competency issues. Discussion of the common questions related to residents’ rights vs. safety/ethics will also be presented.  
3:30 pm—4:30 pm | **MOLST Updates**<br><small>Dr. George Giokas, Medical Director, Community Hospice<br>Nancy Ginsburg, Social Worker, Community Hospice</small>  
Discussion of the latest issues related to the MOLST and its relationship to the FHCDA. Guidance on successful implementation will be offered. Even if your facility is not using the MOLST form currently, are you prepared to admit a resident who has a MOLST that was completed in the community or other settings?  
4:30 pm—6:00 pm | **Wine & Cheese Reception (Raffles) - Relax with Colleagues**  
Dinner on your own—enjoy one of Saratoga’s eclectic assortment of dining experiences
Friday, March 25, 2011

8:00 am—8:30 am  Continental Breakfast

Social Worker

8:30 am—10:30 am  Maximizing Your IDT’s Response to MDS 3.0 Interview & Behavioral Triggers

Dr. Robert Figlerski, R.G. Psychological Services

The MDS 3.0 has introduced a whole host of triggers requiring investigation, care planning and intervention. This session will focus on behavioral triggers, clinical response, care planning and evaluation. Particular emphasis will be placed on using MDS 3.0 language and processes. The speaker will also address how behavioral analysis can enhance the process of care planning, providing more clearly defined behaviors, more accurate monitoring and better evaluation of care outcomes. Issues discussed will include: assessment and response to issues of pain management, aggression, suicidal ideation, reduction of psychotropic medication and mood.

Activity Directors

8:30 am—10:30 am  New Ideas for Activities That Promote Wellness

Sarah Kneisler, Senior Innovative Solutions

This session takes Activity Professionals on a journey that is designed to energize their work with residents and highlight the value of engaging them in mentally stimulating activities. Participants will be involved in hands-on programs that can be adapted to all functioning levels, and led with minimal training and materials, by facility staff and volunteers alike. The presenter will introduce participants to "Neurobic" activities—i.e. mental exercises that involve the five physical senses and the emotional sense in novel ways and promote brain growth and agility. If you’re looking for new ideas for activities, including ways to adapt them for residents at different levels, or strategies for promoting the highest level of functioning, you won’t want to miss this session.

10:30 am—10:45 am  Break

All Disciplines

10:45 am—1:00 pm  Ethics of Care

Dr. Francis Battisti, Battisti Networks

As the general population ages and the average life expectancy increases, the need for long term care alternatives is increasing as well. This attention is bringing about a renewed appreciation of ethical considerations for facilities, residents and their families. Using an Ethics of Care model and an eight-stage ethical decision making process, Dr. Battisti will explore ethical principles and issues that arise in the long term care setting and how to address them. The purpose of this session is to stimulate participants to think about these issues so that each professional can form a sound basis for making ethical decisions. Participants will be encouraged to bring the process of ethical decision making back to their work settings to involve their colleagues in this practice.

1:00 pm—2:00 pm  Farewell Lunch
Valerie Deetz: New York State Department of Health
Ms. Deetz is the Deputy Director, Division of Residential Services, NYS Department of Health, Office of Long Term Care. She is a Registered Nurse, a Licensed Nursing Home Administrator, and has over 20 years experience in the health care industry, in both acute and long term care settings. Prior to joining the Department in 2005, Valerie held positions as a Nursing Home Administrator both in New York State and the state of Colorado.

Karen A. Butler, RN, BSN, JD: Thuillez, Ford, Gold, Butler & Young, LLP
Ms. Butler combines more than twenty years experience as a critical care nurse with her skills as a practicing attorney. Ms. Butler is a partner in the law firm of Thuillez, Ford, Gold, Butler & Young, LLP. Her areas of practice include medical malpractice defense, professional misconduct, health law and civil rights litigation. She is also on the Board of Directors of Teresian House where she chairs the Ethics Committee. She was appointed by the Governor to the New York State Task Force on Life and the Law in 2003.

Barbara Speedling: Healthcare Compliance Group, LLC
Ms. Speedling is the Director of Quality of Life Services for Healthcare Compliance Group, LLC, a consulting firm servicing acute and long term healthcare facilities, as well as adult residential communities. Her areas of specialization are regulatory compliance and program development in all aspects of quality of life and behavior management. Barbara is well known as an educator on meeting the psychosocial and behavioral challenges of varied populations, including individuals with dementia and mental illness.

Jane Burke, Esq.: O'Connell & Aronowitz, PC
Ms. Burke is a partner in the firm’s health law practice where she devotes much of her practice to the representation of skilled nursing facilities and adult care facilities. Areas of concentration include licensure and regulatory issues, resident issues, administrative appeals, corporate compliance, and contract drafting. She also litigates on behalf of industry organizations representing long term care providers on issues of widespread importance to the organizations’ members. She is a graduate of Georgetown University and American University/Washington College of Law.

Dr. George Giokas, Medical Director: Community Hospice
Dr. George Giokas is the Medical Director of Community Hospice in the Capital District. He has many years experience as a physician in long term care and works closely with Dr. Patricia Bomba to provide education on Advanced Directives Planning and implementation of the MOLST across New York State.

Bob Figlerski, PhD: R.G. Psychological Services
Dr. Figlerski is Regional Clinical Director for R.G. Psychological Services in Long Island. With extensive clinical, educational and research experience in the areas of Health Psychology and Rehabilitation, Dr. Figlerski joined R.G. Psychological Services in 1997. He presents on a wide variety of clinical topics relevant to skilled nursing and is a frequent presenter at New York State conferences.

Sarah Kneisler, RMT/NHA: Senior Innovative Solutions
Ms. Kneisler has 30 years experience in long term health care. She received a Bachelor of Music-Music Therapy degree from the University of Wisconsin-Eau Claire in 1979 and a Nursing Home Administrator’s license in 2003. Sarah has served as a Music Therapist, Activity Director/Volunteer Coordinator, Life Enrichment Coordinator, Nursing Home Administrator and Senior Director of Life Services. Twenty-one years of her career were spent at Good Shepherd Services, Seymour, Wisconsin. She is the co-founder of the national culture change initiative, the Wellspring Institute.

Francis Battisti, MSW: CEO, Battisti Network
Dr. Battisti is a Professor of Psychology, Education and Human Services at the State University of New York-Broome Community College. He is also a psychotherapist, specializing in the aging process. He has been working with individuals and families as a long term care consultant for over twenty years. Francis’ impressive credentials as a seminar presenter and keynoter are confirmed by national and international appearances for Fortune 500 companies, small businesses, health organizations, educational institutions and national conventions.
**Conference Information**

**Overnight Accommodations: March 23 & 24, 2011:**
Call the Holiday Inn Saratoga Springs at (518) 584-4550 and mention you are attending a conference sponsored by the New York State Health Facilities Association. You can also visit www.spa-hi.com and use reservation code: HEA. The cutoff date for registering for overnight rooms is March 2, 2011. Single/Double accommodations are $116.00 plus tax.

**Transportation To and From Hotel:**
Train-Saratoga Springs NY Amtrak 3 miles East from Hotel.
Taxi from Train Station: from train station turn right on West Avenue, left on Washington Street. Go 2 miles, turn right on Broadway, hotel is 3 blocks on left side.

**NYSHFA’s Cancellation Policy:**
Cancellations must be received five (5) business days prior to the conference. Cancellations may be faxed, emailed or sent via the US mail to NYSHFA attention Sharon O’Brien. Telephone cancellations must be combined with a written notice. Cancellations received after the five (5) day deadline will be assessed a $50.00 administrative fee per person. **No-shows will be billed.** Cancellations will not be accepted after the conference.

**SPONSOR SPOTLIGHT**

New York State Health Facilities Association

We would like to take this opportunity to thank the following sponsors:

[Health System Services Logo]

MEDICARE PART B BILLING AND SUPPLIES

&

[R.G. Psychological Services, P.C. Logo]
Administrators are invited to Thursday’s Session. Six (6) NAB approved CEUs (applies to Thursday only).

The Special Conference Package includes a full 2 day registration for both the Social Worker and Activities Director at your facility, as well as a registration for your Administrator for the Thursday session.

Why not join your Social Worker & Activities Director and take advantage of this special offer!

RATE INFORMATION

Registration fee includes: All education sessions, conference handouts, all coffee breaks, lunch, access to table top vendors and a reception on March 24th.

**Special Conference Package**
(Please note that the Administrator, Social Worker and Activities Director must register together to take advantage of this special offer)

- NYSHFA Members: $500.00
- Non-Members: $590.00

**Regular Conference Rate**

- NYSHFA Members: $230.00 1st Registrant
  $220.00 for each additional registrant from the **same** facility
- Non-Members: $260.00 1st Registrant
  $250.00 for each additional registrant from the **same** facility

**SPECIAL REQUESTS**

**Special Meal Request**

- Kosher
- Other—__________________________________________

**Special Service Request**

- Please check if you are disabled and/or need special services.
  Services required:___________________________________________________

**NOTE:** If you have faxed in your registration, please make sure you mail the original with your payment.
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**FACILITY INFORMATION**

Facility

Facility Address

City

State

Zip Code

(   ) Work Telephone

(   ) Work Fax

**PAYMENT METHOD** (Please check method of payment)

- [ ] Check  (Please make checks payable to:  Foundation for Quality Care)
- [ ] Discover
- [ ] Visa
- [ ] MasterCard
- [ ] American Express

Credit Card #

Exp. Date

Name on Card  (Exactly as appears on card)

Credit Card Billing Address

Cardholder Signature

I authorize NYSHFA and Foundation for Quality Care to use the above MasterCard, Visa, Discover, or Amex to charge applicable registration fees. I also understand that registration fees of those who cancel the day of the program or fail to attend are forfeited. Substitutions are permitted and encouraged.

**Mail To**
Foundation for Quality Care  
Attn: Sharon O'Brien  
33 Elk Street, Suite 300  
Albany, NY 12207

**Contact Information**
Phone: (518) 462-4800 ext. 22  
Fax: (518) 462-4370  
Email: sobrien@nyshfa.org
Driving Directions

North: From I-87 South-Take Exit 14. Turn right off the exit onto Route 9P. Travel 1 mile on Route 9P to the end. Turn left on Circular Street. Go 2 blocks to Route 9-turn right. Hotel is on the right side corner of Route 9 Broadway and Circular Street.

South: Follow NYS Thruway I-87 North, exit at #24. Take the Adirondack Northway (I-87) North to Exit 13N. This will be Route 9. Follow for 3-4 miles, the hotel is on the right side in the center of town.

East: From the Massachusetts Turnpike, follow I-90 West to where it intersects with the Adirondack Northway (I-87 North) in the Albany area. Take the Adirondack Northway North to Exit 13N. Follow Route 9 for 3 miles. The hotel is on the right side in the center of town.

West: Follow NYS Thruway (I-90) to Exit #27. Take Route 30 North to Route 67 East to Ballston Spa. Take Route 50 North to Saratoga Springs. The hotel is on the corner of Route 50 and Route 9.