

Physicians and Other Health  
Care Workers:

*Do you have clients and patients who are experiencing symptoms of depression and/or anxiety and could benefit from in-home counseling by a geriatric counselor?*

***PATHS CAN HELP!***

*PATHS provides in-home counseling for older adults experiencing symptoms of anxiety and/or depression which interfere with their daily activities.*



**Mental Health Association of  
Rochester/Monroe County  
320 N. Goodman Street  
Rochester, NY 14607**

**NON-PROFIT  
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Permit No. 1277**

***PATHS***

***Professional  
Assessments and  
Treatment  
for Homebound  
Seniors***



*a partnership of  
ECCDERSOURCE,  
Catholic Family Center,  
Jewish Family Service, and  
the Mental Health  
Association*

*PATHS SERVICES:*

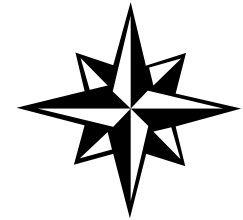
- *PATHS provides in-home counseling to homebound older adults experiencing symptoms of anxiety and/or depression which interfere with their daily activities.*
- *Expert counselors visit in the privacy of a home (a maximum of four visits) and work with individuals to reduce the impact of anxiety and/or depression on their daily life.*
- *The counselors can also match individuals with volunteer coaches who will support them as they become independent and connected to their community.*

**PATHS can help  
individuals:**

- *Residing in Monroe County*
- *Aged 60 years or older*
- *Experiencing anxiety and/or depression*
- *Residing in a community setting (single home or apartment)*
- *Unable to access traditional counseling services*



*PATHS is made possible through a grant from United Way of Greater Rochester and the Monroe County Office for the Aging*



*To find out more about PATHS, contact ELDERSOURCE at 325-2800*