



NationalHealthcareDecisionsDay.org

National Healthcare Decisions Day New York State Diverse Population Subcommittee

Thursday, January 28, 2010
3:00 pm– 4:00 pm

MINUTES

NHDD NYS Diverse Population Subcommittee 2010 Goal:

- Increase conversations that lead to completion of health care proxies within diverse populations in New York State.

Meeting Participants

Alfredo Gonzales, Debbie Stamps, Bea McCloud, Pat Bomba, Penny Weller, Karen Kremrer, Cara Seekings, Mimi Hoffman

Discussion

1. Welcome and Introductions

- Dr. Bomba opened the meeting and reviewed the goal of the call. There are new tools that are in the making or in the process of being revised into Spanish. The Advance Care Planning Booklet and web bookmark have been translated into Spanish. The review is underway. There is a new DVD available that includes seven (7) 30 second Public Service Announcements, including one (1) in Spanish. There are Latina stories in Community Conversations and the MOLST video.

Discussion about work at Chi Eta Phi

- Chi Eta Phi is a nursing sorority started in 1932. They speak in churches on end-of-life issues and do work through church picnics. New members are coming into the organization with 11 new members. There's enough membership to reach out to many groups.
- With Bea's work in long term care facilities, she saw many residents who were African American who don't have primary care physicians to talk to. End-of-life information was better received from them instead of the staff in the facility or MD.
- Pat noted that this validates how well the message is received. She started work with Chi Eta Phi in 2001 and worked with them at health fairs where the nurses were great at engaging people in conversations.
- Bea noted that the national office is impressed and that they received the Star Award for end-of-life work with Excellus.
- Their Northeast Conference is in April in New Jersey. Dr. Bomba did keynote at last year's conference in Rochester on advance care planning and highlighted the collaborative work the nurses do in the community.
- Pat asked if there other chapters to include in NHDD. Bea noted that the only other chapter is outside New York City. If people are interested in initiating chapters, Bea will help. If Cara could generate interest, Bea would visit and assist with the set up. Cara will begin the search. Rockland will also check for interest. It would be nice if they could join the coalition.
- Bea will try to get the new national president on board with NHDD.

Discussion about how to reach out to the community

- The group discussed organizing a training session in the Greater Rochester area, using the same curriculum used for all day MOLST Training across the state since fall 2008.
- Alfredo will contact president of the local chapter of National Hispanic Nurses Association; she is a Lifetime Care employee. He'll do community outreach to Latina nurses as well. Lifetime Care nurse educators are also interested in training.
- Pat suggested engaging nurses at HCR and VNS as well.
- Lifetime Care is hiring a bilingual RNS. They're working with local and national Hispanic RN associations, IBERO, Greece United Methodist Church and other churches to begin bereavement group.



- In the upstate area, Alfredo is working with not-for-profit ministries and 17 liturgy volunteers training them to lead hospice. The Latino Upstate Summit is meeting October 4th in Albany. The group is very involved with health and other issues, and is a good group to get involved with. He'll reach out to them and make them aware of educational tools in Spanish.
- We could plan an event to get materials out to the Spanish population as a NHDD event
- Mimi said that they would like to have further conversations with Alfredo. There is an interest in Rockland County to develop a culturally sensitive program presenting advance directives.
- In Chautauqua County, there have been efforts to work with churches, but there's been no response.
- Pat plans to translate MOLST form into plain language MOLST that could in turn be translated into Spanish. She commented on the other four most spoken languages in the NYS: Chinese, Italian, Russian and French. The plain language MOLST could be used for translation into other languages.
- Rockland County has a large percentage of Chinese.
- As resources are developed, it is important to remember "Who has the relationship with the individual?" We need someone to open the door. Some groups are very close knit. There are cultural barriers and we need to use simple communication and basic conversation about hospice. Dynamics change between cultures.
- Pat has reached out to Father Larry Tracy. Alfredo is working with him and will connect as well.
- Pat has worked with diverse populations in her practice and they trusted her. In an unknown population, they need someone they can trust.
- Bea noted that as a member of the church, she would send a letter to her church and make a call after the letter was sent. It was most beneficial to have a member of the church and a nurse attend a meeting together.

Ideas Discussed for National Healthcare Decision Day

- The question was asked how the group can build off of Bea's work and spread to the Latina community.
- Alfredo will contact groups he's involved with and see how they can disseminate information to the community.
- Pat said that they can join this call and subcommittee. Alfredo will get a database to Pat.
- Bea said that there's a meeting on 2/6, and they will discuss NHDDD at the meeting.
- Pat noted that other Chi Eta Phi chapters can join this call and subcommittee.
- Debbie could heighten awareness at their conference. There will be people in Rochester on 4/16 that could do something.
- Pat inquired about access to Spanish radio stations. Alfredo noted that there's a Latino radio station in Syracuse and a Spanish radio and television in Buffalo. There's a newsletter to all of upstate and downstate.
- Locally, there's a local chapter of the National Hispanic Nurses Association. Alfredo will see what associations there are for Hispanic nurses throughout the state.
- Cara is going to do a talk radio show. She has a relationship with all of the radio stations that run PSAs and will run them through the month of April.
- Pat noted that they'll be a cover letter available with the PSAs.
- Debbie suggested that the group organize a training day for nurses. Pat suggested organizing a train-the-trainer day with handouts and PowerPoint presentations, using the most recent curriculum revised for the MOLST Training Day in the Albany/Capital District in September 2009. Community outreach was made to the entire health system with key people attending. They learned about the MOLST program and how it fit into advance care planning, how to implement it and extend provider and community education.
- Alfredo will help to have the training session at Lifetime.
- Penny has managed the MOLST Training Days since fall 2008.
- Pat will deliver the presentation.
- We'll focus efforts on ensuring a core group of attendees and open it up to others in the community. Alfredo noted that it might be hard to get homecare nurses to attend and training trainers to bring information back to others would be helpful. Pat noted that it will be a community based training. Employers could use it as a staff development day.



Open Forum

- Mimi noted the Gay Pride Day in Rockland had information about advance care planning. It's a meaningful issue in that community.
- All agreed that outreach to this population is important.

Next Steps and Accountabilities

- **Bea** will help, if people are interested in initiating chapters. **Cara** will see if there's interest in her area. Rockland will also check for interest.
- **Bea** will try to get the new national president on board with NHDD.
- **Alfredo** will contact local chapter of National Hispanic Nurses Association. He'll do community outreach to Latina nurses and make them aware of educational tools in Spanish.
- **Mimi** will have further conversations with Alfredo. There's an interest in Rockland County to develop a culturally sensitive program presenting advance directives.
- **Alfredo** will see what associations there are for Hispanic nurses throughout the state.
- **Ellen** will send out the next meeting notice.
- **Debbie** and **Pat** will discuss possible training dates and initiate further planning efforts with **Alfredo** and Penny.

Next Conference Call

- February 18, 2010 at 3:00 p.m.
 - [Conference Call Instructions](#)
Dial-in number: 1-800-747-5150
Passcode: 2384514