

NATIONAL HEALTHCARE DECISIONS DAY 2010

★ *your decisions matter* ★

On **April 16, 2010**, join Americans
across the country to talk to others
about your future healthcare
decisions and to complete your advance directives!

**Whether you're 18 or 80 . . . In good or poor health . . .
YOU Need a Health Care Proxy!**

To learn more about National Healthcare Decisions Day, visit www.nationalhealthcaredecisionsday.org.
To check out what's happening locally on National Healthcare Decisions Day 2010 visit the Southern Tier
End of Life's website at www.stealc.org.