

Remarks from Dr. Mohammed Shafiq

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Life is mortal. No one knows when he/she will die. One is to be always ready. Life can expire at any moment. Advance care planning is very essential and every one should write his/her last will & testament without any delay.

It should cover:

1. One's medical care while one's unable to make his/her own decision.
2. Burial arrangement and advice
3. Estate Distribution

Like Judaism and Christianity, Islam supports natural way of dying.