

Approach to Adult Patient Unable to Maintain Nutrition Checklist for Global Assessment

Patient/Resident Name

Date of Birth

Check each factor considered/addressed

Parameters of Nutritional Status

- Weight Change
- Body Mass Index
- Lab Tests: albumin, prealbumin, cholesterol, lymphocyte count
- Hydration Status (skin turgor, heart rate, BUN/creatinine)
- Urine Output
- Other: _____

Comments about above factors: _____

Factors that Impede Ability to Take in Food

- Physical Limitations
- Pain
- Visual Problems
- Chewing Problems: mouth, teeth, dentures
- Swallowing Problems: cough after/while eating, holding bolus, pocketing, position while eating or being fed
- Nausea/Vomiting
- Constipation
- Candidiasis
- Shortness of Breath
- Dementia, Depression, Anxiety
- Communication Problems
- Neurological Conditions
- Other: _____

Comments about above factors: _____

Medical Assessment

- Stage of Illness : advanced or end stage illness
- ADL Score: current _____
- ADL Score: 1 month prior to admission _____
- Constipation/Fecal Impaction
- Other: _____

Comments about above factors: _____

Potential Problem Medications

- Sedatives such as lorazepam; clonazepam
- Major Tranquilizers such as aripiprazole, risperidone
- Anticholinergics: tolterodine, oxybutynin chloride
- GI Irritants or Anorexigenics: NSAIDs, COX II, bisphosphonates, opioids, digoxin, theophylline, antibiotics, iron, calcium
- Cholinergics for Alzheimer's and other dementias: donepezil, galantamine, rivastigmine
- Other: _____

Comments about medications: _____

Additional Comments:

Evaluating Clinician: _____
Name Initials Date