What is Palliative Care?
Palliative care is patient and family-centered care that aims to improve quality of life for people who have serious or life-threatening illnesses. Palliative care takes into account the person’s emotional, physical and spiritual needs and goals — as well as the needs of his or her family, and facilitates patient autonomy, access to information and choices.

PALLIATIVE CARE SYMPOSIUM
Thursday, May 7, 2015
One Brookdale Plaza
Brooklyn, NY 11212

New York Medical College (NYMC) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

New York Medical College designates this Live activity for a maximum of 3.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CALL: 718.240.6981
CME Credit Attestation Form
Please complete & return this form ONLY if you would like to receive CME credit.

PALLIATIVE CARE SYMPOSIUM
MAY 7, 2015

Please Print Clearly

First MI: Last

Degree of Participant: ☐ MD ☐ DO ☐ PA ☐ RN ☐ Other (please specify): ________________________________________________________

Organization: ____________________________________________________

Specialty:________________________________________ Email:________________________

Mailing Address: ______________________________________________________

City: __________________ State: __________ Zip Code: __________

Telephone Number: (_________ )

Commitment to Change:
As a result of participating in this activity, one tangible change I will make in my practice is:
________________________________________________________

Time Attestation:
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I certify that I have participated in this CME activity. I am claiming ________ credits for this activity.

________________________________________________________

Signature Date

To receive CME credit for this activity, this form must be completed in full and returned to the appropriate representative at the conclusion of the activity. A certificate of credit will be mailed to the requesting participant within 8 weeks of receipt.
HESHAM M. Taha, MD

Dr. Taha has been with Brookdale since 2013. He’s the Director of the Fellowship Program for Hematology/Oncology. He is also an Attending Physician in Palliative Care. Prior to that, he was the Director of Palliative Care at Brooklyn Hospital Medical Center. He graduated from Ain Shams University, Egypt, and did his residency in Internal Medicine at Sinai Hospital in Michigan. He completed his fellowship in Hematology/Oncology at New York Methodist Hospital, Brooklyn. He has 32 publications in peer review journals and has made several presentations at national and international conferences. The Consumers’ Research Council of America has listed Dr. Taha among America’s Top Physicians from 2008-2014. He serves on the Cancer and Ethics committees at various institute. Additionally, he does volunteer work with the American Cancer Society. He specializes in symptoms management in terminal cancer patients.

Contact: htaha@bhmcny.org

BROOKE BARBER, LMSW

Brooke Barber is a graduate of the Silberman School of Social Work at Hunter College. She completed her clinical internship at a community based outpatient clinic where she was introduced to the intersection of medicine and therapy. This experience resulted in her taking a greater interest in Palliative Care.

Brooke is the Coordinator and Social Worker for the Palliative Care program at Brookdale. She is responsible for managing Palliative Care data at Brookdale, offering psychosocial support to patients and their families, and coordinating advanced health care directives.

Brooke is involved in the reintroduction of the CARE-ING DOULA volunteer program, which focuses on volunteers providing comfort, companionship, advocacy, and education to palliative care patients and families. She is also involved in Palliative Care research. Her research interests include cost effectiveness and performance improvement of Palliative Care at Brookdale.

Contact: Bbarber@bhmcny.org

PROGRAM

THURSDAY, MAY 7

8:00 –8:45 am  Open Registration
Breakfast

9:00 am  Introduction
Vladimir Gotlieb, MD

9:05 am  Welcome
Mark E. Toney,
President and CEO

9:10 –10:10 am  Keynote Address
Palliative Care/MOLST
Patricia A. Bomba, MD, FACP

10:30 –11:00 am  Hospice Care
Sarah M. Egan, MD

10:45 –11:15 am  Organ Donor Network
Amy L. Friedman, MD

11:15 am –11:45 am  Bishop R.C. Hugh Nelson

OVERVIEW: BROOKDALE PALLIATIVE CARE

11:45 am—12:00 pm  Brooke Barber, LMSW
12:00 am –12:10 am  Louis R. Belzie, MD, MPH
12:10 am –12:20 am  Hesham M. Taha, MD

12:20 pm  Closing Remarks
Estevan Garcia, MD, MPA, FAAP
Senior Vice President, CMO
Designated Institutional Official
**PATRICIA A. BOMBA, MD and FACP**

Dr. Bomba is a nationally recognized palliative care and end-of-life expert who serves as the Vice President and Medical Director, Geriatrics for Excellus Health Plan, Inc. and subsidiaries of The Lifetime Healthcare Companies. In her role, she serves as a geriatric consultant on projects and program development affecting seniors. Previously, she was engaged in private practice in Internal Medicine and Geriatrics in Rochester, New York.

She was the driving force behind New York state Medical Orders for Life Sustaining Treatment (MOLST) program that helped to ensure that a patient’s end-of-life wishes were followed by translating patient goals for care and preferences into medical orders.

Dr. Bomba is New York State’s representative on the National POLST Paradigm Task Force, a multistate collaborative. She was a Delegate to the White House Conference on Aging, and a member of the Review Committee of the National Quality Forum’s “Framework and Preferred Practices for a Palliative and Hospice Care Quality” project. She chairs the BlueCross and BlueShield Association National Medical Management Forum, and is a member of the Medical Society of the State of New York Ethics Committee.

She is passionately focused on educating the medical community, the public at large with a goal of improving the quality of life for seniors and their families. She has spoken extensively on issues related to Palliative Care, Pain Management, Advance Care Planning, End-of-Life Care, Elder Abuse and Wellness and Healthy Living for the Older Adult.

Dr. Bomba attended Immaculata College, the University of Virginia School of Medicine, and completed her residency training in Internal Medicine at the University of Rochester. She is board certified in both Internal Medicine and Geriatrics. She is a Clinical Assistant Professor of Medicine at the University of Rochester and the State University of New York Upstate Medical University.

**Contact:** Patricia.Bomba@lifethc.com
Twitter.com/PatBombaMD
Facebook.com/CompassionAndSupport

**LOUIS R. BELZIE, MD, MPH**

Dr. Belzie has been with Brookdale since 1994. He’s the Director of Behavioral Health at the Schulman and Schachne Rehabilitation Center and the Director of Palliative Care.

He graduated from the National Medical School and Pharmacy in Haiti and later attended New York Medical College where he received his Master of Public Health degree. He did his residency in General Psychiatry at New York Medical College, and received his fellowship from Long Island Jewish Medical Center (Albert Einstein Medical College) in Geriatric Psychiatry.

He served as the President of Haitian American Psychiatry in New York from 2005 to 2009 and 2012 to 2014. He also was Second Vice President of Association of Haitian physician Abroad (New York Chapter). In addition, he was appointed by Governor Eliot Spitzer in 2007 as a Member of the Coordinating Council for Services Related to Alzheimer’s Disease and Other Dementias in New York State.

Dr. Belzie has given numerous Grand Rounds at Brookdale, Department of Psychiatry and Medicine on several subjects such as Dementia, Palliative Care, and Emotional aspect of HIV/AIDS. In the aftermath of the 2010 earthquake in Haiti, he made a presentation on “Post-Disaster Mental Health and Psychosocial Support Emergency Response” in Canada.

**Contact:** L.Belzie@bhmcny.org

**Disclosures:**
**Planner:** Hesham Taha, MD, has disclosed that he has no financial interest or other relationship with any manufacturer of commercial products or services.

**Speakers:** Drs. P. Bomba, L. Belzie, S. Egan, A. Friedman, H. Taha, and B. Barber, LMSW, have disclosed that they have no financial interests or other relationships with any manufacturers of commercial products or services.
Dr. Egan is a community physician with Hospice of New York, and makes home visits in Brooklyn and Manhattan. Earlier in her career, she ran the inpatient Palliative Consultation service at Kings County Hospital Center.

Dr. Egan has worked at the Adult Sickle Cell Clinic and Day Hospital at Kings County Hospital in Brooklyn. She served on SUNY Downstate-Kings County Ethics Committee for many years. She went to medical school and completed her Internal Medicine residency at SUNY-Downstate. She received her fellowship in Hospice and Palliative Medicine at Beth Israel Medical Center. She’s board certified in Internal Medicine and Hospice and Palliative Medicine. 

Contact: Sarah.Egan@hospiceny.com

Dr. Friedman is a transplant surgeon and the Chief Medical Officer and Executive Vice President of the New York Organ Donor Network. She is primarily responsible for overseeing all organ and tissue donor management and allocation activities in the greater New York metropolitan area. She directs performance improvement efforts to maximize the quantity and quality of transplantable organs and tissues in the region.

A Brooklynnite at heart, she received her undergraduate degree from Princeton University, her medical degree and general surgery training from SUNY Downstate Medical Center, and transplant surgery training from the University of Pennsylvania. She was an Assistant Professor of Surgery at the University of Pennsylvania, an Associate Professor at the Yale University School of Medicine, and a Professor at Upstate Medical University/SUNY in Syracuse.

Her interests in patient safety and quality improvement in organ donation and transplantation have led to extensive work as an examiner with the Malcolm Baldrige National Quality Award Program and an RO1 grant from the Agency for Healthcare Research and Quality.

Contact: Afriedman@nyodn.org

Bishop Nelson is a visionary whose guidance and focus on leadership development enabled the Church of God of East Flatbush to evolve from a single cell church model into a vibrant urban ministry center that is home to more than 1,700 members and ministers to more than 2,500 on a weekly basis.

He serves as Senior Pastor for the Church of God of East Flatbush, District Administrative Bishop for District No. 2, and President for Hope Center Development Corporation Inc.

He has been engaged in active ministry for 29 years and enjoys ministering cross-culturally. He has led or participated in several mission trips to Switzerland, Yugoslavia, Italy, France, Ethiopia, South Africa and Ghana. In recognition of Bishop Nelson’s outstanding contribution to community development and transformation, he received the New York United Hospital Fund Distinguished Trustee Award in 2009, the Brookdale Hospital Medal and Plaque in 2011 and several other community awards.

He is a Member of the New York State Church of God Executive Council, New York State Care Ministries Coordinator, Board member of the Church of God Division of Care, Trustee for the Brookdale University Hospital and Medical Center, Board member of Queens Village Committee for Mental Health for Jamaica Community Adolescent Program, Inc., Vice President of the 67th Precinct Clergy Council, member of the Brooklyn NYPD Taskforce, member of Freedom Outreach International Board of Directors and board member for the Europaisches Theologisches Seminar, Kniebis, Germany. Bishop Nelson also provides spiritual covering to the pastors and staff of Set The Captives Free Outreach Center in Windsor Mill, Maryland.
CLINICAL TEAM MEMBERS

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  Director of Palliative Care  
  E: lbelzie@bhmcny.org  T: (718) 240-6891

- Hesham M. Taha, MD  
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- Brooke Barber, LMSW  
  Palliative Care Social Worker and Coordinator  
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CALL FOR CONSULTATION!

Goal of the Symposium: To increase awareness, knowledge and skills necessary to effectively manage patients who have serious or life-threatening illnesses and/or approaching end-of-life.

Objective: Participants will learn best practices and community-based models to improving quality of life for both the patient and the family in hospitals, nursing homes, hospice, and in communities.

Who Should Attend?
Physicians, Nurses, Social Workers, Faith-Based Leaders, Psychiatrists, Therapists (including art, music, physical, recreational and occupational), Nutritionists, EMTs, volunteers, and more!

Participant Team Members:
Tracy Dowlat, RN; Risk Management; Margaret Ryan, RN; Nursing Director, Medicine/Surgery; Philip Harris MD; Chair, Rheumatology; Vladimir Gotlieb; MD; Chair, Oncology; William Bifulco; Administrative Director; Carlos Delapena; Pastoral Care Services; Arlene Martin; Director, Volunteer Services; Juan Contreras; Patient Care Advocate; Althea Bailey, RN; Director, Critical Care; Mohammed Zaman, MD; Critical Care; Michelle Mayard; Director, Case Management; Jasmin Edwards, RN; Nurse Manager, Critical Care; Henry Bernadette, RN; Nurse Manager; Sharon Jamison, RN; Linda Carpenter; Tynetta Truesdale